Course Code: Title	BSCN1000: THE FUNDAMENTALS OF NURSING THEORY
Program Number: Name	3401: HONOURS BSCN
Department:	BSCN - NURSING
Academic Year:	2022-2023
Course Description:	This course introduces the student to fundamental theoretical concepts in nursing that promote health and healing with a focus on the older adult population. Explores concepts related to nursing science as well as professional nursing roles and responsibilities in health care.
Total Credits:	3
Hours/Week:	3
Total Hours:	36
Prerequisites:	There are no pre-requisites for this course.
Corequisites:	There are no co-requisites for this course.
This course is a pre-requisite for:	BSCN1100
Vocational Learning Outcomes (VLO's) addressed in this course: **Please refer to program web page for a complete listing of program outcomes where applicable.**	**3401 - HONOURS BSCN** VLO 1 Meet professional practice requirements as identified in the current Entry-to-Practice Competencies and Professional Standards of the College of Nurses of Ontario. VLO 2 Provide safe, competent, holistic care to diverse individuals, groups and populations in a variety of contexts based on the principles of nursing knowledge, ways of knowing, ethics, relationships, and cultural safety. VLO 3 Build professional relationships in a collaborative environment with other health care providers and actively engage in collaborative decision making around client care. VLO 4 Contribute to the nursing profession and healthcare through the practice of critical inquiry, self-reflection, and a commitment to professional growth through lifelong learning. VLO 5 Utilize critical thinking and reasoning to make evidence-informed clinical judgements. VLO 6 Practice nursing while demonstrating advocacy and leadership at the professional, political, and societal levels, in accordance with the values of social justice and equity. VLO 7 Utilize available technologies to communicate, educate, and provide appropriate care in a variety of contexts. VLO 8 Manage the care of people across the lifespan who have stable and unstable outcomes. VLO 9 Practice in a broad range of settings, with an emphasis on rural communities. VLO 10 Practice with an understanding of the history, ways of knowing, and culture of the

	Indigenous Peoples of Canada.
	VLO 11 Identify, support, and effect appropriate change in healthcare.
Course Evaluation:	Passing Grade: 65%, A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.
Other Course Evaluation & Assessment Requirements:	Course hours are represented as follows: Theory: 36 total hours Important note about course evaluation: Successful completion of this course is dependent on all assignments being completed and submitted. If this course has any components graded on a satisfactory/unsatisfactory grading scheme, each assignment must achieve a grade of satisfactory , in addition, a minimum cumulative grade of 65% is required to pass the course. Experiential Learning S/U ETPs: 1.24, 1.25 3.1, 3.2, 3.3, 3.4, 3.8 4.1 6.3, 6.10 7.4, 7.8, 7.9, 7.10, 7.11, 7.12, 7.14 8.1, 8.2, 8.3 9.1
Books and Required Resources:	Ebersole and Hess` Gerontological Nursing and Healthy Aging in Canada by Touhy & Jett Publisher: Mosby, Incorporated Edition: 3rd Canadian ISBN: 9780323778749  Gray Morris`s Calculate with Confidence by Killian Publisher: Elsevier - Health Sciences Division Edition: 2nd Canadian ISBN: 9780323695718 Gentle Persuasive Approaches (GPA) in Dementia Care by GPA Publisher: Advanced Gerontological Education Edition: 4th ISBN: 9780969102083 Ackley and Ladwig`s Nursing Diagnosis Handbook by Ackely and Ladwig Publisher: Elsevier Edition: 13 ISBN: 9780323776837 Canadian Fundamentals of Nursing by Potter Publisher: Mosby, Incorporated Edition: 6th ISBN: 9781771721134 Canadian Clinical Nursing Skills & Techniques by Perry Publisher: Mosby, Incorporated ISBN: 9781771722094

This is a bundle for required textbooks from Elsevier. Please note the GPA book is not included and must be purchased separately.
ISBN: 9780443176418

Course Outcomes and Learning Objectives:

Course Outcome 1	Learning Objectives for Course Outcome 1
Develop an understanding of their own personal concepts and the professional concepts of health and healthy living.	1.1 Reflect on personal beliefs and values about health to develop your own personal meaning/definition of health 1.2 Heighten awareness of personal concepts of health and healthy living 1.3 Describe models of health, health determinants, and health promotion strategies. 1.4 Develop an understanding of the Canadian demographic trends of the older adult population 1.5 Reflect on your personal beliefs, values and experiences related to the older adult population 1.6 Explore the link between concepts of health, healthy living and health care within the context of the older adult
Course Outcome 2	**Learning Objectives for Course Outcome 2**
Examine beliefs, values, and perceptions about health held by others and how these differences influence the way people behave, with a focus on the older adult	2.1 Discuss the complexity of behaviour change. 2.2 Discuss common theories and models of behaviour and behaviour change. 2.3 Describe the benefits of a regular physical activity and exercise program for older adults. 2.4 Discuss effective strategies for motivating health behaviour change
Course Outcome 3	**Learning Objectives for Course Outcome 3**
Examine nursing actions from a nursing process framework	3.1 Identify the nursing process as a fundamental problem-solving process. 3.2 Describe the different components of the nursing process. 3.3 Ability to apply the nursing process to a clinical case study
Course Outcome 4	**Learning Objectives for Course Outcome 4**
Explore the change process in relation to health and healthy living with a focus on the older adult.	4.1 Develop a basic understanding of potentially pathological changes of aging. 4.2 Develop a basic understanding of the various theories of aging. 4.3 Develop an understanding of a variety of aspects of healthy aging, including physical, social, psychological, spiritual, and cognitive. 4.4 Discover and dispel myths and stereotypes related to aging and the older adult
Course Outcome 5	**Learning Objectives for Course Outcome 5**
Explore the fundamentals of nursing practice.	5.1 Describe the main purposes of a health record. 5.2 Describe some of the legal issues surrounding nursing

documentation.
5.3 Identify some of the characteristics of quality nursing documentation.
5.4 Describe some of the different methods of record keeping.
5.5 Describe specific documentation methods typically used in long-term care settings
5.3 Identify the purposes of client education and role of the nurse in client education.

Course Outcome 6	Learning Objectives for Course Outcome 6
Develop an understanding of communication in the nursing practice with a focus on the older adult.	6.1 Describe the importance of communication to the lives of older persons 6.2 Describe interventions that facilitate communication individually and in groups 6.3 Understand the significance of the life story of an older person 6.4 Discuss the modalities of reminiscence and life review 6.5 Identify effective communication strategies for older persons with speech, 6.6 language, hearing, vision, and cognitive impairments 6.7 Discuss the relationship of sensory function to an individual`s level of wellness 6.8 Discuss common causes and effects of sensory alterations 6.9 Discuss common sensory changes that normally take place as individuals age. 6.10 Describe conditions in the health care setting or patient`s home that nurses can 6.11 adjust to promote meaningful sensory stimulation
Course Outcome 7	Learning Objectives for Course Outcome 7
Develop an understanding of client education as it relates to the nursing practice	7.1 Identify appropriate communication principles when providing client education. 7.2 Describe the domains of learning. 7.3 Develop understanding of how to assess a client`s basic learning needs and explore the 7.4 different factors that influence the process of learning. 7.5 Discuss nuances of teaching the older adult population, including the consideration of cognitive, neurological and sensory deficits. 7.6 Discuss appropriate methods to evaluate learning

Evaluation Process and Grading System:

Evaluation Type	Evaluation Weight
Final Exam	30%
Test 1	20%
Test 2	25%
Weekly Quizzes	10%
Written Assignment	15%

Date:	August 12, 2022
Addendum:	Please refer to the course outline addendum on the Learning Management System for further information.